

**Module 1**

Welcome & Introductions  
 Nature and Models (hypnosis concepts)

Hypnotic Inductions

Safety & ethical considerations  
 Assessment and preparation of patient/client

Some clinical indications  
 (Evidence in reading and expanded in Mod 3)

Structure of sessions and suggestions

Brief Overview of Past trauma, false memory.  
 and abreaction

Further Inductions with deepening,  
 Special place ( unspecified/suggested/ agreed)  
 intro to self hyp

Ego strengthening

Intro to imagery

Putting it together Full session scenario demo

Confidence check for introduction in to  
 professional practice

*Rapport, therapeutic relationship ,  
 informal use of "hypnosis style" language plus  
 demos and Practice throughout the course*

**Module 2**

Review of clinical experiences

Anchoring

IMR (ideomotor response)

Reframing

revisit self hypnosis

Hypnotisability /suggestibility  
 from Clinical perspective

Metaphor

Anxiety  
 Touch on depression

Pain management intro.

Psychosomatic (functional )

Hypnosis for Procedures

Phobias

(? Guest case presentation)

Review and ID learning needs for Mod 3

**Topic(s) may be carried over to Mod 3  
 subject to guest tutor arrangements**

**Module 3**

Review of clinical experiences

Outcome evaluation & Audit

Common factors in effective therapy

Evidence base

Address needs identified in Mod 2  
 Any topics carried over

Revisit/expand topics according to need

More detailed delegate case discussions  
 as identified and offered from  
 "Review of clinical experiences"

Module 3 is flexible to allow development  
 and discussion of earlier themes ,  
 Q&A , video clips etc  
 (? Guest case presentation)

Possibly another full session demo

BSCAH membership, peer support etc

Integrating the new learning  
 into clinical practice

**Guest speaker case history presentations  
 in Module 2 or Module 3**