

## BSCAH Edinburgh 2020 - Clinical Hypnosis for Healthcare Professionals

<b>Module 1</b> <b>1st &amp; 2nd February</b>	<b>Module 2</b> <b>29th February &amp; 1st March</b>	<b>Module 3</b> <b>28th &amp; 29th March</b>
Welcome & Introductions Nature and Models (hypnosis concepts)	Review of clinical experiences	Review of clinical experiences
Hypnotic Inductions	Anchoring	Outcome evaluation & Audit
Safety & ethical considerations Assessment and preparation of patient/client	IMR (ideomotor response)	Common factors in effective therapy
Ego strengthening	Reframing	Metaphor
Brief Overview of Past trauma, false memory and abreaction	Guest case presentation	"Psychosomatic" (functional ) disorders
Further Inductions with deepening, Special place ( unspecified/suggested/ agreed) Intro to self hypnosis	Anxiety Touch on depression	Hypnotisability /suggestibility from Clinical perspective
Intro to imagery	Pain management intro	Presentation by Guest speakers - details to be advised
Putting it together. Full session scenario demo	Hypnosis for Medical Procedures	Possibly another full session demo
Confidence check for introduction in to professional practice	Phobias	BSCAH membership, peer support etc
	Review and ID learning needs for Mod 3	Detailed case discussions of selected delegate cases
		Integrating the new learning into clinical practice
	<i>Topics may be carried over to or from Mod 3 subject to Guest Tutor arrangements</i>	<i>Module 3 is flexible to allow development and discussion of earlier themes, Q&amp;A , video clips etc Revisit/expand topics according to need</i>

Rapport, therapeutic relationship, informal use of "hypnotic style" language, demos and Practice throughout the course.

**Delivered by Grahame Smith and Gill Smith, with Dan Round, Prof Leslie Walker and guests in Module 3**